

Federal Employees Health Benefits General Information Notice

The **Federal Employees Health Benefits (FEHB) program**, the largest employer-sponsored health benefits program of its kind, is one of the most valuable benefits of federal employment. However, coverage is ***not*** automatic. You must select one of more



than 100 available health plans to be covered. Coverage is available for eligible employees, annuitants, and their family members, as well as spouses, former spouses and former employees. See the following link for eligibility requirements:

<http://www.opm.gov/insure/health/eligibility/employees.asp>.

The FEHB program features:

- No waiting periods. You can use benefits as soon as coverage is effective.
- No pre-existing condition limitations even if you change plans.
- A choice of coverage.
- A choice of plans and options.

Health plan comparisons, links to plan web sites, plan quality information, and downloadable plan brochures and guides are available on the OPM web site at <http://opm.gov/insure/health/index.asp>.

Related Links:

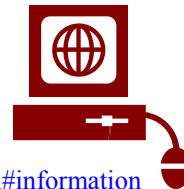
FEHB Main Web Site: <http://opm.gov/insure/health/>

FEHB OPM Index: <http://opm.gov/insure/health/index.asp>

Family Benefits FAQ: <http://opm.gov/retire/html/faqs/faq2.html#information>

Applying For Retirement FAQ: <http://opm.gov/retire/html/faqs/faq8.html>

Enroll or change FEHB: <https://www.employeeexpress.gov/>



As a reminder, Open Season for health benefits begins the second week of November and ends the second week of December. All Open Season changes and deductions will become effective the first full pay period in January.

Any questions concerning this notice, contact:

NSSC Customer Contact Center

1-877-NSSC123 or nssc-contactcenter@nasa.gov